

| | Måndag | Tisdag | Onsdag | | | Torsdag | | Fredag | | Tid | Tid | Lördag | Söndag | Tid |
|-------------|--------|-------------------------------------|--|--|--|-------------------------------------|---|--------|--|-------------|-----|----------------------|-------------|-----|
| | | A-hallen, Billy Rod, Gul, Grön, TVU | A-hallen, Bilä, Lila, Orange, Turkos (Pörramäntän) | | | B-hallen, Billy Rod, Gul, Grön, TVU | B-hallen, Ein, Bilä, Lila, Orange, Turkos (Pörramäntän) | | | 7:00-7:45 | | SHOWDAG! A-hallen | | |
| 7:00-7:45 | | | | | | | | | | 8:00-8:15 | | | 8:00-8:15 | |
| 8:15-8:30 | | | | | | | | | | 8:15-8:30 | | | 8:15-8:30 | |
| 8:30-8:45 | | | | | | | | | | 8:30-8:45 | | | 8:30-8:45 | |
| 8:45-9:00 | | | | | | | | | | 8:45-9:00 | | | 8:45-9:00 | |
| 9:00-9:15 | | | | | | | | | | 9:00-9:15 | | | 9:00-9:15 | |
| 9:15-9:30 | | | | | | | | | | 9:15-9:30 | | | 9:15-9:30 | |
| 9:30-9:45 | | | | | | | | | | 9:30-9:45 | | | 9:30-9:45 | |
| 9:45-10:00 | | | | | | | | | | 9:45-10:00 | | | 9:45-10:00 | |
| 10:00-10:15 | | | | | | | | | | 10:00-10:15 | | | 10:00-10:15 | |
| 10:15-10:30 | | | | | | | | | | 10:15-10:30 | | | 10:15-10:30 | |
| 10:30-10:45 | | | | | | | | | | 10:30-10:45 | | | 10:30-10:45 | |
| 10:45-11:00 | | | | | | | | | | 10:45-11:00 | | | 10:45-11:00 | |
| 11:00-11:15 | | | | | | | | | | 11:00-11:15 | | | 11:00-11:15 | |
| 11:15-11:30 | | | | | | | | | | 11:15-11:30 | | | 11:15-11:30 | |
| 11:30-11:45 | | | | | | | | | | 11:30-11:45 | | | 11:30-11:45 | |
| 11:45-12:00 | | | | | | | | | | 11:45-12:00 | | | 11:45-12:00 | |
| 12:00-12:15 | | | | | | | | | | 12:00-12:15 | | | 12:00-12:15 | |
| 12:15-12:30 | | | | | | | | | | 12:15-12:30 | | | 12:15-12:30 | |
| 12:30-12:45 | | | | | | | | | | 12:30-12:45 | | | 12:30-12:45 | |
| 12:45-13:00 | | | | | | | | | | 12:45-13:00 | | | 12:45-13:00 | |
| 13:00-13:15 | | | | | | | | | | 13:00-13:15 | | | 13:00-13:15 | |
| 13:15-13:30 | | | | | | | | | | 13:15-13:30 | | | 13:15-13:30 | |
| 13:30-13:45 | | | | | | | | | | 13:30-13:45 | | | 13:30-13:45 | |
| 13:45-14:00 | | | | | | | | | | 13:45-14:00 | | | 13:45-14:00 | |
| 14:00-14:15 | | | | | | | | | | 14:00-14:15 | | | 14:00-14:15 | |
| 14:15-14:30 | | | | | | | | | | 14:15-14:30 | | | 14:15-14:30 | |
| 14:30-14:45 | | | | | | | | | | 14:30-14:45 | | | 14:30-14:45 | |
| 14:45-15:00 | | | | | | | | | | 14:45-15:00 | | | 14:45-15:00 | |
| 15:00-15:15 | | | | | | | | | | 15:00-15:15 | | | 15:00-15:15 | |
| 15:15-15:30 | | | | | | | | | | 15:15-15:30 | | | 15:15-15:30 | |
| 15:30-15:45 | | | | | | | | | | 15:30-15:45 | | | 15:30-15:45 | |
| 15:45-16:00 | | | | | | | | | | 15:45-16:00 | | | 15:45-16:00 | |
| 16:00-16:15 | | | | | | | | | | 16:00-16:15 | | | 16:00-16:15 | |
| 16:15-16:30 | | | | | | | | | | 16:15-16:30 | | | 16:15-16:30 | |
| 16:30-16:45 | | | | | | | | | | 16:30-16:45 | | | 16:30-16:45 | |
| 16:45-17:00 | | | | | | | | | | 16:45-17:00 | | | 16:45-17:00 | |
| 17:00-17:15 | | | | | | | | | | 17:00-17:15 | | | 17:00-17:15 | |
| 17:15-17:30 | | | | | | | | | | 17:15-17:30 | | | 17:15-17:30 | |
| 17:30-17:45 | | | | | | | | | | 17:30-17:45 | | | 17:30-17:45 | |
| 17:45-18:00 | | | | | | | | | | 17:45-18:00 | | | 17:45-18:00 | |
| 18:00-18:15 | | | | | | | | | | 18:00-18:15 | | | 18:00-18:15 | |
| 18:15-18:30 | | | | | | | | | | 18:15-18:30 | | | 18:15-18:30 | |
| 18:30-18:45 | | | | | | | | | | 18:30-18:45 | | | 18:30-18:45 | |
| 18:45-19:00 | | | | | | | | | | 18:45-19:00 | | | 18:45-19:00 | |
| 19:00-19:15 | | | | | | | | | | 19:00-19:15 | | | 19:00-19:15 | |
| 19:15-19:30 | | | | | | | | | | 19:15-19:30 | | | 19:15-19:30 | |

Röd grupp
Gul grupp
Blå grupp
Grön grupp
Orange grupp
Lila Rosa
K-grupper
Väuna Skidsektionen
Syntro/Paritidans
Barnbåde grupper

Väruppvävning A-hallen

Disco på is
Klubbens åkare med familjer kompisar A-hallen